

It's Sew Easy Series 1500 - Be Your Own Sewing Super Hero!

Growing up a Star - Show#1513 – Star Baby Bath Wrap

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Bundle up a baby in this soft baby bath wrap. The combination of terry cloth and double gauze fabric is perfect for baby's bath time adventures. There are many different ways you can embellish the wrap and customize it for your little "star baby." Several options are presented below. It's a simple matter of making a plain or embellished hood piece, layering the hood with the wrap, and finishing edges with bias binding. Are you ready? Let's go sew!

Materials and basic supplies for one bath wrap with a finished size of 30" X 30."

- Featured machine is the [Brother NS1750D](#), combination sewing and embroidery machine. I used the Brother BES4 Dream Edition software with the [Power Pack](#) Add-on to create the star baby design. **Note:** [Happy Stars](#) embroidery design is available on [ibroidery.com](#), the Brother design download site. ~~Visit me at letsdosew.com for a [free tutorial](#) for creating a customized design using Nap Control with the BES Lettering and Customization software program.~~
- Embroidery supplies including thread, water soluble stabilizer, and medium weight tear-away stabilizer for embroidery on hood.
- Walking foot for sewing binding.
- Basic sewing notions including a rotary cutter and ruler for cutting bias strips.
- [Dritz](#) binding clips or pins for securing fabric layers.
- Pattern tracing cloth for making pattern for wrap and hood.
- Trim such as rick rack for decorating terry cloth hood without embroidery.

- Fabric and notions for bath wrap:

Bath wrap is made from [16 ounce Turkish terry](#) and trimmed with soft [Embrace®](#) double gauze cotton, both generously provided by [Shannon Fabrics](#). Featured terry cloth color is Aruba. Featured Embrace® print is La-La-Llama Embrace® Blush. See measurements below:

- ✓ One 30-inch X 30-inch square of terry cloth for wrap and one 12-inch square of terry cloth for embroidered terry cloth hood.
- ✓ One 12-inch square of double gauze fabric cut in half to line embroidered hood or folded in half to use for hooded version made with double gauze.
- ✓ ½ yard of double gauze for making self-fabric binding, or two packages of extra wide double fold bias tape for finishing edge of hood and baby wrap with purchased binding.
Note: You will need approximately 4 ½ yards of double fold bias tape. This tape is generally sold in 3-yard packages. Join pieces with diagonal seams for required length.

Pattern instructions:

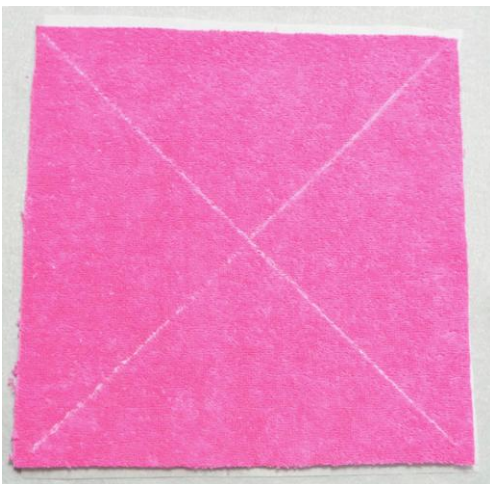
Draw a 12-inch square for the hood pattern. Draw a 30-inch square for the wrap pattern. Round off each of the four corners using a small plate.



Instructions for creating decorated hood:



For embroidery, cut and mark a 12-inch terry square to locate center point in both directions.



Choose an embroidery design to fit, layer water-soluble stabilizer on top and tear-away on the bottom, and then hoop fabric so it is centered on the triangular half of the hood piece. Embroider design so bottom is parallel with crosswise line, making sure to leave room for binding. Remove tear-away stabilizer and wash out water soluble now or after you finish constructing the bath wrap.



Fold the 12-inch triangular pattern in half and use it to cut the hood, rounding off the top corner to match the edge of the bath wrap. Layer with a matching piece of double gauze or other soft cotton to cover the embroidery stitches. Resist the temptation to use a double layer of terry as it will be too thick.



Zigzag layers to hold them together. Finish lower edge using self-made bias binding or pre-purchased bias binding as described in the instructions below.

Option: Apply trim to a triangular piece of terry in place of embroidery if desired.

Instructions for creating bath wrap with a double gauze hood:

Cut one piece of terry using the 30-inch square pattern. Cut one piece of double gauze using the 12-inch square pattern.

Thoroughly press your ½ yard piece of double gauze to prepare bias. **Tip:** I like to use Best Press spray starch for pressing fabric flat. Cut 3-inch bias strips across fabric and piece together until you have a length of approximately 4 ½ yards of bias to trim edges of 30-inch square.



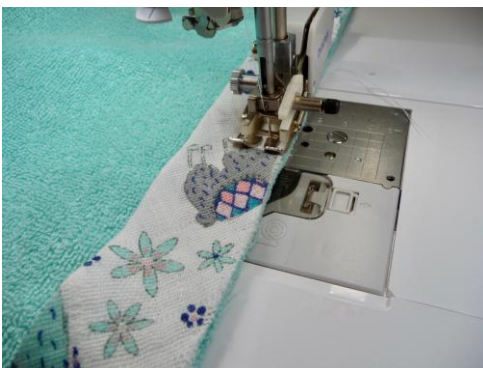
Fold 12-inch gauze square in half with wrong sides together. Binding isn't needed on the folded edge.



Round off the top corner to match terry cloth square. Pin edges together.



Attach walking foot to machine. Use a narrow zigzag stitch to secure hood to wrap. Fold bias with wrong sides together and raw edges even. To bind the outer edge of wrap, begin along a straight edge, clipping or pinning binding to the top side of the terry cloth with all raw edges even, and taking care to ease in a bit of extra bias around curves. Sew bias to wrap using a $\frac{1}{4}$ -inch seam allowance, folding bias at an angle and overlapping ends slightly where beginning and end of binding meet. Turn and press binding to the opposite side. Stitch binding in place using a wide zigzag stitch, making sure to completely catch bottom edge.



Option for creating the bath wrap with pre-purchased bias binding:

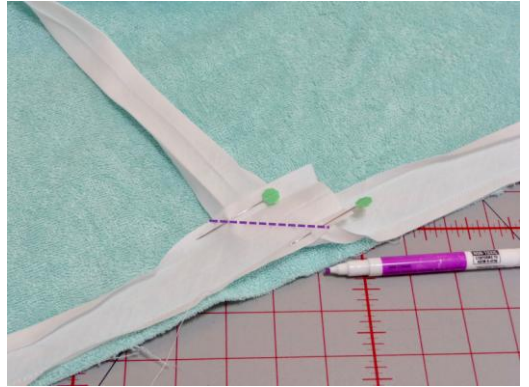
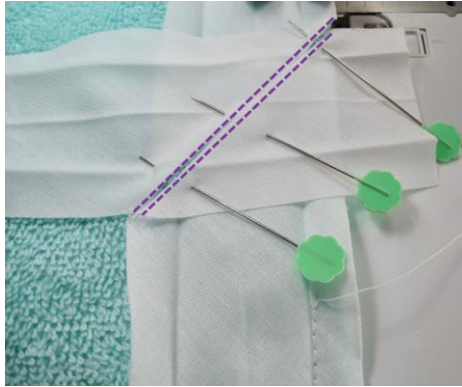
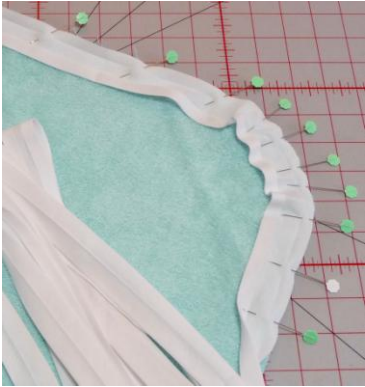
Embroider or decorate hood as desired. Bind bottom raw edge of hood if needed. Note that pre-purchased bias is wider on one half and is not folded in the exact center. It's important to sew bias to fabric edge so that the wider side is turned to the bottom when stitching the final step. This makes it easy to catch all of the bias edge during final top stitching. Use a straight stitch to sew narrow half of binding to raw edge following the crease line, and then turn to bottom side and secure all layers with a zigzag stitch.



To finish, layer hood with bath wrap having rounded edges matching. Use the walking foot to sew binding all around top side of wrap and then finish using a zigzag stitch as described above for hood made from double gauze, making sure to fully catch binding on bottom side. See tip for joining binding to make one continuous length.



Tip: To neatly finish beginning and ending of binding with a diagonal seam, stitch top side of binding along crease, taking care to leave the first few inches unstitched. Stop with a few inches unstitched, and then fold each end on the diagonal so each edge meets the other. Mark stitching lines where the folded edges meet. Sew a diagonal seam along marked lines, trim, press open, and then finish stitching before turning binding to opposite side. Note: Place pieces right sides together at a right angle, making sure folded edges match with wider halves together. Remember to ease binding slightly around curves. See all steps below, noting that purple lines indicate stitching lines.





Bundle up your baby and enjoy!



Additional Resources:

- I invite you to visit me at my Sewing and Embroidery website www.letsdosew.com. You'll find online lessons, videos, free downloads, and lots of sewing and embroidery information and inspiration!
- Find me on Facebook www.facebook.com/letsdosew/
- Be sure to visit the [Official Brother Blog](#) to read my posts on a wide variety of sewing and embroidery topics.

Happy Sewing!

A handwritten signature in black ink that reads "Joanne". The letter "J" is stylized and loops around a small red heart symbol.